



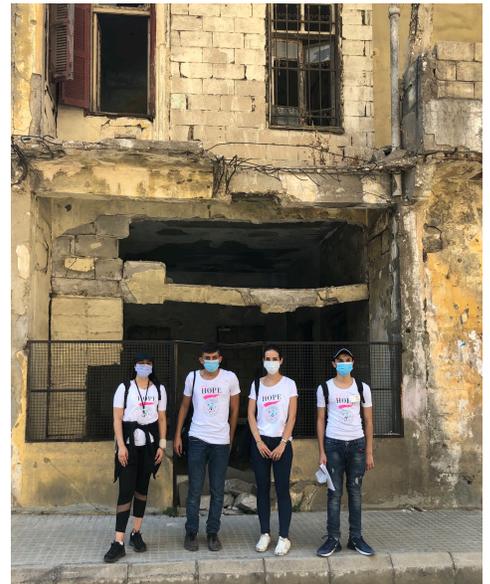
We Are Proud To Support the Mental Health and Psychological Needs of Some of the Most Vulnerable Refugees and in-Need Host Communities in the Middle East.

WHAT WE HAVE ACHIEVED TOGETHER IN 2020

As the world continues to grapple with the devastating impact of the global pandemic, at Art Of Hope, we've taken a proactive role to continue our work alongside our local partners, and find unique ways to continue programming and to provide emergency and long-term support despite all existing challenges — with respect to the ever-changing rules and regulations on the ground.

- In **June 2020**, Art Of Hope partnered with **Migrant Mothers of Syria** to hold a successful fundraiser on World Refugee Day. The award-winning documentary, *Migrant Mothers of Syria*, takes an intimate look at the lives of Syrian refugees experiencing the instability of life in Lebanon. This partnership highlighted awareness towards Syrian refugees who struggle with issues of forced displacement and assimilations in a volatile host community. One of the families featured in the documentary has been previously supported by Art Of Hope in Lebanon.
- On **August 4, 2020**, a deadly explosion at the port of Beirut killed nearly 200 individuals, injured thousands more, and severely damaged the already broken capital. In partnership with one of our long-standing partners in Lebanon, **The Lebanese Youth Network (LYN)**, Art Of Hope conducted an emergency support mission in the aftermath of the unforeseen and tragic explosion. In doing so, Art Of Hope worked closely with LYN in determining the most in-need and least-supported communities affected by the blast, and focus our resources toward emergency & long-term support of those communities. In doing so, our team of volunteers went door to door in Karatina — home to some of the most in-need Syrian and Palestinians refugees in Beirut as well as impoverished Lebanese — in order to conduct one-on-one assessment of their unique individual and family needs. Based on our detailed assessment, we provided urgent medical & hygiene kits to those in need, in addition to providing follow up support to others who needed further assistance.

- The kits included: masks, sanitizers, first-aid equipment, vitamins, pain-relief medicine, and personal hygiene products. All products were bought in Lebanon in order to support the local economy.
- In total the mission supported 300 families (approximately 1000 individuals) who otherwise had not received any support from government agencies or large international NGOs.
- To heal some of the invisible wounds of the blast, we concluded our distribution in Karantina with a circus act to bring laughter back into this devastated port community. The circus show — the first of its kind — had a powerful impact on the youth. We are planning to follow up with regular community acts in post-lockdown.
- The funding for this mission came from the generous support of our private donors including The Caring Family Foundation.



- In **October 2020**, Art Of Hope partnered with **iGROWco** to release an Arabic language **Mental Health** parenting/counseling tool — creating the very first tool of its kind made available for refugees and vulnerable Arabic-speaking communities. Together, **Art Of Hope & iGROWco** are proud to introduce the first ever **Arabic Positive Affirmation Cards For Kids** — a revolutionary tool rooted in Positive Psychology that's precisely meant to support children in the Arab world. Each card is designed to not only help develop **emotional literacy** among children, but also create a much-needed space to discuss **mental health** and **emotional well-being** — taboo topics that are rarely addressed in much of these communities. At a time of heightened need for mental health support, this partnership has created a universal tool that can be used for advancing the emotional and psychological health of some of the world's most in-need refugees and host communities.
 - Art Of Hope has been proactively partnering with local NGOs in Lebanon to introduce them to these cards, and provide them with adequate training to use them in the field.
 - Art Of Hope is preparing to introduce this powerful tool to other local and grass-root NGOs in Jordan, Iraq, and Turkey. All trainings and cards will be provided free of charge for the beneficiaries.
 - Art Of Hope is using its platform to partner with credible advocates and humanitarians to promote the use of these cards in advancing the mental health needs of war-torn children and devastated communities.



- In late **December 2020**, after weeks of assessment and planning, Art Of Hope in collaboration with another one of our long-standing local partners in Lebanon, **Rescue Me**, and in accordance with all Covid safety restrictions began a three-month-long **Trauma-Relief, Art Therapy, and Cognitive Behavioral Therapy** program for a group of +50 children affected by the Beirut blasts. In addition, this will be the first Art Of Hope programming to use our Positive Affirmation Cards in our day to day therapy and programming.

As always, while AOH focuses on supporting the refugee community, our workshops include %70 Syrian refugees as well as %30 Palestinian refugees and vulnerable local Lebanese children. The Syrian refugee demographic includes children who have resettled in Lebanon in the past two to five years — children who are now facing a second trauma as the result of the deadly Beirut explosion in addition to the PTSD and emotional wounds they endured by escaping their war-torn country.

In addition, our social workers and therapists work within the community they serve, and are thus able to provide family intervention as well as one-one-one sessions with parents.



Art Of Hope's Programming Using AOH X iGrowCo's Positive Affirmation Cards | Hay Al Gharbie, Beirut, December 28, 2020

- Other **Fundraising And Partnerships In December 2020:**
 - On December 10, in honor of **World Human Rights' Day**, Art Of Hope teamed up with cast members of the Academy-Award Nominated documentary **For Sama** in order to raise awareness on the **mental health** and **psychological needs** of refugees and war-torn children. The award-winning documentary captures the horrors of life in Syria's besieged city of Aleppo and tells the harrowing story of raising children in war.
 - From December 3rd to 20th, Art Of Hope partnered with **Maison Rime Arodaky** to run our annual **holiday fundraiser campaign**. The French fashion designer and mother of two, who herself comes from a Syrian family, helped Art Of Hope raise awareness on Syrian refugees as well as children's Mental Health while providing a stunning inventory of her collection for our fundraising campaign.

IMMEDIATE 2021 PLANS

- **Art Of Hope** is working to create an introductory **Art Therapy** course in partnership with a stellar group of US-based Art Therapists in order to provide an accessible and free module for social workers and therapists in the Levant.
- **Art Of Hope** is working to provide training for local and grass-root NGOs in Lebanon and the greater Levant and help distribute our **Arabic Affirmation Cards** in the region.
- **Art Of Hope** is working closely with our local partners in Lebanon to plan post-Covid lockdown programming, which will focus on:
 - “postpartum depression”
 - “Working with refugee youth struggling with dyslexia”
 - “Working with refugee and at-risk host community youth cope with negative coping mechanism”
 - “Continuing CBT and Art Therapy, for teens and children affected by the blast”
 - “Host our annual leadership and mindfulness summer camps”
- Continue our advocacy for Mental Health and Psychological Needs of war-torn refugees.
- Develop more fundraising opportunities with EU, UK and US based partners.

%100 percent of funding raised by Art Of Hope is spent on programming in the field. No member of the organization's executive team and/or volunteers in the US/UK draw a salary for their work; and all funds are spent to support our local partners and professionals in the field. Art Of Hope is a 501(c)3 charitable organization; and all donations are tax-deductible. You can donate directly on www.artofhopeglobal.org/donate and contact at info@artofhopeglobal.org